Reinduced Wnt signaling limits regenerative potential of sensory axons in the spinal cord following conditioning lesion

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Conditioning lesion of the peripheral branch of dorsal column axons is a well-known paradigm enabling the central branch to regenerate after injury to the spinal cord. However, only a small number of regenerating axons enter grafted substrates, and they do not grow beyond the lesion. We found that conditioning lesion induces, in addition to growth-stimulating genes, related to receptor tyrosine kinase (Ryk), a potent repulsive receptor for Wnts. Wnts are expressed around the site of spinal cord injury, and we found that grafted bone marrow stromal cells secreting the Wnt inhibitors secreted frizzled-related protein 2 or Wnt inhibitory factor 1 enhanced regeneration of the central branch after peripheral conditioning lesion. Furthermore, we found that Wnt4-expressing grafts caused dramatic long-range retraction of the injured central branch of conditioned dorsal root ganglion neurons. Macrophages accumulate along the path of receding axons but not around Wnt4-expressing cells, suggesting that the retraction of dorsal column axons is not a secondary effect of increased macrophages attracted by Wnt4. Therefore, Wnt-Ryk signaling is an inhibitory force co-induced with growth-stimulating factors after conditioning lesion. Overcoming Wnt inhibition may further enhance therapies being designed on the basis of the conditioning-lesion paradigm.

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Conditioning lesion of the peripheral branch of dorsal column axons is a well-known paradigm enabling the central branch to regenerate after injury to the spinal cord. However, only a small number of regenerating axons enter grafted substrates, and they do not grow beyond the lesion. We found that conditioning lesion induces, in addition to growth-stimulating genes, related to receptor tyrosine kinase (Ryk), a potent repulsive receptor for Wnts. Wnts are expressed around the site of spinal cord injury, and we found that grafted bone marrow stromal cells secreting the Wnt inhibitors secreted frizzled-related protein 2 or Wnt inhibitory factor 1 enhanced regeneration of the central branch after peripheral conditioning lesion. Furthermore, we found that Wnt4-expressing grafts caused dramatic long-range retraction of the injured central branch of conditioned dorsal root ganglion neurons. Macrophages accumulate along the path of receding axons but not around Wnt4-expressing cells, suggesting that the retraction of dorsal column axons is not a secondary effect of increased macrophages attracted by Wnt4. Therefore, Wnt-Ryk signaling is an inhibitory force co-induced with growth-stimulating factors after conditioning lesion. Overcoming Wnt inhibition may further enhance therapies being designed on the basis of the conditioning-lesion paradigm.

Results

Induction of Wnt Receptors in DRG Neurons by Conditioning Lesion. To characterize the role of Wnt signaling in conditioning lesion, we first sought to determine if Wnt receptors were expressed in DRG neurons after peripheral conditioning injury by sciatric nerve crush. We were particularly interested in the large-diameter neurofilament 200 (NF200)-immunoreactive sensory neurons that respond to peripheral conditioning injury with increased regenerative capacity. Adult female Fischer 344 rats underwent unilateral sciatic nerve crush with fine forceps, except those in the intact sham group. Animals were transcardially perfused with 4% (wt/vol) paraformaldehyde (PFA) at 1, 3, or 7 d post nerve crush and were examined for Wnt-receptor expression by immunohistochemistry. We observed a 2.5-fold increase in immunoreactivity of the Wnt receptors Ryk and Fizzled2 in DRG neuronal somatae over the course of 1 wk following peripheral conditioning injury (Fig. 1; ANOVA $P < 0.0001$, Ryk; $P < 0.01$, Fzd2; $n = 6$). Over 80% of induced Ryk expression overlapped with NF200 immunoreactivity in the neuronal somatae (Fig. 1 A and B). Remarkably, Ryk expression in proximal DRG axons increased over 12-fold 1 wk after peripheral conditioning injury (Fig. 2 A and D; ANOVA $P < 0.001$; $n = 6$). Two other components of Wnt signaling critical for axon guidance, Frizzled3 and Celsr3, were found to be expressed in normal adult NF200-immunoreactive DRG neurons, but were not regulated by peripheral injury (Fig. 1 C and D).

Conditioning-Lesion–Induced Ryk Protein is Present on Both the Peripheral Branch and the Injured Central Branch of Proprioceptive Axons. To determine whether induced Ryk is present on the injured central branches after peripheral conditioning injury, animals were given a dorsal column wire-knife lesion at cervical level 4 (C4) 1 wk after unilateral sciatic nerve crush. One week after spinal cord injury (SCI) and 2 wk after unilateral conditioning injury, the induced Ryk receptor was robustly detected on both the central and the peripheral branches of large-diameter DRG axons (Fig. 2 B). Lesioned ascending dorsal column sensory axons expressed significant levels of Ryk ipsilateral to the peripheral nerve crush. We quantified the fold of induction in the dorsal column caudal to the C4 lesion in horizontal spinal cord sections.

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The authors declare no conflict of interest.

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To assess regeneration, continuous segments of CTB-labeled regenerated axons, or axon profiles, that were beyond the caudal host-graft interface and within BMSC grafts were counted in every seventh sagittal section. In animals grafted with WIF1- or SFRP2-secreting BMSCs, a significantly higher proportion of all CTB-labeled axons were able to regenerate than in animals with naive BMSC grafts [Fig. 3A–G; ANOVA P < 0.0001, *post hoc t tests with Bonferroni correction P < 0.05; n = 5 (naive, Wnt4), n = 6 (WIF1, SFRP2)]. Additionally, in three of six animals grafted with SFRP2-secreting BMSCs, CTB-labeled axons were observed bridging BMSC grafts and re-entering host spinal cord (Fig. 3 H–J). No animals grafted with other BMSCs exhibited bridging axons, and no animals in any of the groups exhibited CTB labeling in serial sections through the brainstem target gracile nucleus, indicating complete transection of sciatic-projecting sensory axons at C4 in all animals. Few CTB-labeled axons were able to penetrate Wnt4-secreting BMSC grafts (Fig. 3G).

Wnt4-Secreting Bone Marrow Stromal Cells Grafted in Dorsal Column Lesion Caused Long-Range Retraction of the Central Branch of Conditioning-Lesioned Sensory Axons. In animals grafted with Wnt4-secreting BMSCs, we not only found a drastically reduced number of regenerated sensory axons, but also observed repulsion of conditioned sensory axons from Wnt4-secreting BMSC grafts. To assess axon retraction, the caudal host-graft interface was traced and CTB-labeled axons were counted as they transected the tracing at set distances caudal to the lesion. BMSC grafts secreting Wnt4, but not WIF1 or SFRP2, had a dramatic effect on pre-conditioned sensory axons by inducing retraction of peripherally conditioned sensory axons an average of 3,143 ± 939 μm from the graft interface.
caudal lesion edge compared with 423 ± 71 μm in animals grafted with naive BMSCs with axons in some Wnt4-BMSC grafted animals repelled up to 6–7 mm [Fig. 4 B and F; repeated measures ANOVA \( P < 0.005, n = 5 \) (naive, Wnt4), \( n = 6 \) (WIF1, SFRP2)]. Moreover, Wnt4-secreting BMSCs induced repulsive turning of axons away from the high expression of Wnt4 by BMSCs (arrow, Fig. 4H). Additionally, SFRP2 reduced basal levels of retraction from endogenous Wnt expression as SFRP2 BMSC grafts exhibited a significantly higher proportion of CTB-labeled axons at the caudal host–graft interface compared with naive BMSC grafts (Fig. 4F; post hoc \( t \) test \( P < 0.05 \)).

An additional contingent of SCI animals was grafted with either naive or Wnt4-secreting BMSCs in the absence of peripheral conditioning injury. Animals grafted with Wnt4-secreting BMSCs did not exhibit significant retraction in these animals [Fig. 4G; repeated measures ANOVA \( P = 0.55, n = 3 \) (naive), \( n = 7 \) (Wnt4)]. Populations of descending supraspinal axons immunoreactive for serotonin (raphaespinal) and tyrosine hydroxylase (coerulospinal), as well as locally projecting axons, labeled with the neurofilament marker SMI-32, exhibited no increased retraction from Wnt4-secreting BMSC grafts compared with other BMSC grafts (Fig. 4 I–M).

![Fig. 4. Peripheral conditioning lesion sensitized large-diameter sensory axons to Wnt signaling.](image)

- **A** Naive
- **B** WNT4
- **C** SFRP2
- **D** Host
- **E** Graft
- **F** Host
- **G** Graft
- **H** Host
- **I** Graft
- **J** Host
- **K** Graft
- **L** Host
- **M** Graft

- **Fig. 3.** Wnt inhibitors blocked endogenous Wnt-mediated repulsion and increased regeneration of peripherally conditioned axons. (A–F) Peripherally conditioned axons showed increased axon regeneration into BMSC grafts secreting the Wnt inhibitors WIF1 or SFRP2 compared with regenerative growth into naive BMSC grafts. (G) Quantification of the total number of CTB+ axon profiles in Wnt inhibitor-secreting grafts relative to controls shows a 50–65% increase in axon regeneration with inhibition of endogenous Wnt signaling [ANOVA \( P < 0.0001, * \) post hoc \( t \) tests with Bonferroni correction \( P < 0.05 \); \( n = 5 \) (naive, Wnt4), \( n = 6 \) (WIF1, SFRP2)]. (H–J) Three of six animals grafted with SFRP2-secreting BMSCs exhibited bridging of axons beyond the rostral host–graft interface. No other animals exhibited bridging axons, and no CTB-labeled axons were detected in serial sections of the nucleus gracilis. [Scale bars, 20 μm (A–F); 500 μm (H); 25 μm (I and J).]
Macrophages Accumulate Along the Receding Path of Retracting Axons but Not Around Wnt4-Secreting Bone Marrow Stromal Cells.

To test whether the increased retraction by Wnt4-expressing bone marrow stromal cells was caused by Wnt4-mediated repulsion or by increased macrophages potentially attracted by high levels of Wnt4, we characterized the distribution of macrophages. At the injury site, CD68- and CD86-immunoreactive macrophages were present in the graft and around the injury site as well as in the dorsal columns rostral to the lesion along the distal sensory axon fragments, where Wallerian degeneration occurs. However, the peak of the macrophage distribution did not follow the introduced Wnt4 gradient, but rather concentrated immediately rostral to the retracting tips of the injured axons (Fig. 5A–D).

There are four main pieces of evidence to suggest that Wnt4 acts in a direct manner upon the peripherally conditioned axons and not through a secondary action dependent upon macrophage activation. First, Wnt4 did not affect macrophage penetration of BMSC grafts, where Wnt4 is expressed at the highest level, although there was a statistically insignificant trend toward increased macrophage infiltration with Wnt inhibition by SFRP2 [Fig. 5E; ANOVA \( P = 0.11; n = 5 \) (naive, Wnt4), \( n = 6 \) (WIF1, SFRP2), \( n = 3 \) (nonconditioned naive), \( n = 7 \) (nonconditioned Wnt4)]. Second, macrophage density immediately caudal to the lesion center was similar in all groups. Third, a second (and greater) peak of macrophage distribution is immediately rostral to the tips of the central branches of the conditioning-lesioned sensory axons retracting from Wnt4-secreting BMSC grafts (Figs. 5F and 6A) corresponding to the freshly degenerating axons [Fig. 6A; repeated measures ANOVA \( P = 0.05; n = 5 \) (naive, Wnt4), \( n = 6 \) (WIF1, SFRP2)]. Fourth, in the absence of peripheral conditioning, Wnt4 did not significantly affect macrophage infiltration compared with control naive BMSC grafts [Fig. 5G; \( n = 3 \) (naive), \( n = 7 \) (Wnt4)].

As alternatively activated M2 macrophages are able to promote neurite outgrowth of DRG neurons in vitro (5), we sought to determine if the increased regeneration observed in WIF1- and SFRP2-secreting grafts corresponded to a shift in macrophage subtypes. We examined expression of the M2 macrophage marker Arginase 1 and found no deviation from expression levels.

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**Fig. 5.** Macrophage clearance of axons followed Wnt4-mediated repulsion. (A) Four weeks after C4 dorsal column lesion, CD68-immunoreactive macrophages infiltrate the BMSC graft, surround the injury site, and associate with the lesioned ends of dorsal column sensory axons. (B) With Wnt4-secreting BMSC grafts, macrophages infiltrate the host spinal cord and are associated with the retracting peripherally conditioned axons. (C and D) Wnt inhibitors do not alter patterns of macrophage activity after C4 dorsal column lesion. Yellow arrows indicate peak areas of CD68 density caudal to the lesion center in A–D. (E) Density of CD68-immunoreactive macrophage staining in BMSC grafts is not significantly altered by modulation of Wnt signaling [ANOVA \( P = 0.011; n = 5 \) (naive, Wnt4), \( n = 6 \) (WIF1, SFRP2), \( n = 3 \) (nonconditioned naive), \( n = 7 \) (nonconditioned Wnt4)]. (F) CD68 density caudal to the lesion center demonstrated that macrophage infiltration of spinal cord tissue immediately surrounding the graft was similar in all groups. However, beyond 3 mm caudal to the lesion center only Wnt4-secreting grafts resulted in significant infiltration of macrophages within the spinal cord [repeated measures ANOVA \( P = 0.05; n = 5 \) (naive, Wnt4), \( n = 6 \) (WIF1, SFRP2)]. (G) In the absence of peripheral conditioning, Wnt4 did not significantly affect macrophage infiltration compared with control naive BMSC grafts [\( n = 3 \) (naive), \( n = 7 \) (Wnt4)]. (Scale bar, 1 mm.)
Peripheral conditioning sensitizes sensory axons to Wnt-mediated axon repulsion. We observed a slight, nonsignificant amount of retraction from Wnt4 grafts without a preconditioning lesion, which was likely due to mild peripheral conditioning induced by CTB tracer injection 3 d before sacrifice. Three days after a peripheral conditioning injury, we observed a significant induction of Ryk in large-diameter sensory neurons (Fig. 6A). By blocking Wnt signaling through cellular delivery of the Wnt signaling inhibitors WIF1 and SFRP2, we were able to augment regeneration of conditioned ascending sensory axons. A proposed component of axon retraction after injury is macrophage-mediated die-back (19).

Discussion

In recent years, it has become apparent that many developmental guidance cues—Semaphorins, ephrins, netrin, Wnts, and Shh—are reinduced after SCI (3, 6–10). In addition, other molecular guidance systems are still expressed in the adult central nervous system even in uninjured animals. However, it remains unclear whether these guidance molecules in injured spinal cord have similar functions as in development. So far, only Wnt-Ryk signaling has been demonstrated to cause similar repulsive axon response to corticospinal tract axons and dorsal column sensory axons after injury in vivo, and EphA4 is involved in a very different manner (regulation of gliosis) (3, 6, 7).

Wnts are indispensable in establishing the anterior–posterior, or rostro-caudal, organization of axons within the brainstem and spinal cord, driving the formation of circuits that govern both the transmission of sensory information to the brain as well as the formation of those controlling supraspinal motor input to the spinal cord (11–18). Gradients of Wnt expression have been demonstrated to direct the growth of ascending commissural sensory axons, dopaminergic and serotonergic axons, and corticospinal motor axons (13, 15–18). Within the developing spinal cord, expression gradients of multiple Wnts (Wnt4, Wnt5a, Wnt7a, and Wnt7b) direct anterior turning of postcrossing commissural axons through the Frizzled3 receptor (16) and descending growth of corticospinal motor axons through the Ryk receptor, following a decreasing anterior-to-posterior gradient of Wnts (Wnt1 and Wnt5a) in the developing spinal cord (15, 18). After spinal cord injury, Ryk expression is reinduced on the very same corticospinal axons whereas Wnts1, -4, and -5a are re-expressed in the spinal cord surrounding the injury site (3). We previously found that Wnt-Ryk signaling after SCI induces corticospinal axon retraction and limits corticospinal axon plasticity (3).

Here we show that the regeneration potential of the central branch of the conditioning-lesioned adult sensory neurons is limited in the injured spinal cord by repulsive Wnt signaling co-induced with a growth-stimulating program during conditioning lesion. In the absence of peripheral conditioning, Ryk was not expressed in ascending sensory axons, and Wnt4 was unable to cause axon repulsion. We observed a slight, nonsignificant amount of retraction from Wnt4 grafts without a preconditioning lesion, which was likely due to mild peripheral conditioning induced by CTB tracer injection 3 d before sacrifice. Three days after a peripheral conditioning injury, we observed a significant induction of Ryk in large-diameter sensory neurons (Fig. 6A). By blocking Wnt signaling through cellular delivery of the Wnt signaling inhibitors WIF1 and SFRP2, we were able to augment regeneration of conditioned ascending sensory axons. A proposed component of axon retraction after injury is macrophage-mediated die-back (19).

Fig. 6. Infiltrating macrophages associated with the lesioned ends of ascending sensory axons. (A) CD68+ macrophage density in host spinal cord peaked rostral to the lesioned ends of preconditioned sensory axons that had retracted from Wnt4-secreting BMSC grafts. (B) High magnification images of CTB-labeled sensory axons at the lesion edge as well as at the peak density of CD68 immunostaining and at the peak density of CTB within the spinal cord demonstrate the association of infiltrating macrophages with retracted sensory axons. (C) Macrophage density in naïve BMSC grafted animals also peaked just rostral to the lesioned ends of ascending sensory axons as shown in D. n = 5 (naive, Wnt4). (Scale bars, 50 μm.)

Fig. 7. Peripheral conditioning sensitizes sensory axons to Wnt-mediated axon retraction after spinal cord injury. Exogenously applied and endogenous Wnts up-regulated after spinal cord injury limit the enhanced regeneration of peripherally conditioned sensory neurons. Furthermore, an exogenous source of Wnt protein is able to mediate drastic macrophage-mediated die-back of sensory axons through repulsive Wnt signaling.
Here we found that macrophages were associated with the retraction tips of sensory axons but not accumulated at the peak of Wnt4 expression. Therefore, we propose that the massive retraction of preconditioned DRG axons was likely caused by direct axon repulsion by Wnt4-secreting BMSC grafts, rather than by increased macrophages potentially attracted by Wnt4-secreting cells (Fig. 7). In fact, we did not find any evidence that Wnt4 affects macrophages.

In addition to our previous finding of a repulsive function of Wnt-Ryk signaling in corticospinal axons after injury, we observed strong repulsive effects of Wnts on conditioned sensory axons via Ryk. This suggests that Wnt-Ryk signaling may be responsible for retraction of multiple classes of axons following traumatic CNS injury and that Wnt signaling should be a major consideration in therapeutic design. It should be noted that in this study only a handful of axons were found to bridge beyond the lesion site with Wnt inhibition. Although the increase of regeneration is 60%, this is an improvement from the relatively modest baseline regeneration induced by peripheral conditioning lesion. Therefore, additional inhibition, such as that mediated by myelin-associated inhibitors or chondroitin sulfate proteoglycans, may need to be removed, and the intrinsic growth potential will need to be further enhanced via combinatorial approaches to achieve greater regeneration and functional recovery. Interestingly, reinduced Ryk is also expressed in the peripheral branches, suggestive of a role for Ryk in regulating peripheral regeneration.

Wnts are powerful morphogens capable of mediating many processes in the developing nervous system—from neuronal migration and polarization, dendritic arbor growth, and axon guidance to regulation of synapse formation (20). Here we report their role in regulating axon growth after adult CNS injury. On the basis of our observation, it is possible that Wnts have additional roles, such as regulating the inflammatory or glial responses to injury. For example, some animals grafted with BMSCs secreting Wnt inhibitors exhibited an exacerbation of cystic cavitation (Fig. 3C). Although axon regeneration is a critical to the final goal of neural circuit repair, understanding the potential roles of Wnts in adult CNS injury responses other than regulation of axonal growth will be important for effective therapeutic design. The increased complexity of the adult CNS, compared with the developing CNS, presents unique challenges as treatment effects on axons and the surrounding milieu of the injured spinal cord cannot be dealt with in isolation.

Materials and Methods

Sciatic Nerve Crush. All animal work in this research was approved by the University of California at San Diego Institutional Animal Care and Use Committee. Unilateral or bilateral sciatic nerve crush was performed on adult female Fischer 344 rats (150–165 g). An area over the hind limb was shaved and cleaned with povidone-iodine before incision caudal and parallel to the femur. The sciatic nerve was exposed, and crushed for 10 s with a pair of fine (#55) forceps. After crush, the skin was closed with surgical staples.

C4 Dorsal Column Lesion. Animals were deeply anesthetized with 2 mL/kg of ketamine mixture (25 mg/mL ketamine, 1.3 mg/mL xylazine, and 0.25 mg/mL acepromazine). Spinal level C4 was exposed by laminectomy, and the dorsal columns were lesioned with two passes of a Scouter wire-knife (David Kopf Instruments) at 1.2 mm lateral to the midline and at a depth of 1 mm. The intact dura was pressed against the wire-knife to ensure complete transection of ascending dorsal column sensory axons. The lesion cavity was filled with 200 μL of media (in PBS) secreting myc-tagged Wnt4, HA-tagged WIF1, or HA-tagged SFRP2 via a glass micropipette connected to a picospritzer (General Valve) (Fig. S1).

Transganglionic Labeling of Sciatic-Projecting Sensory Axons. Three days before sacrifice, sciatic nerves were injected bilaterally with a 1% (wt/vol) solution of CTB (List Biological Laboratories). The sciatic nerve was exposed in nerve crush experiments, and 1 μL was injected into each tibial and common peroneal branch bilaterally (4 μL total).

Sacrifice and Tissue Processing. Animals were transcardially perfused with ice-cold PBS followed by 4% (wt/vol) PFA in PBS. Spinal columns, sciatic nerves, and DRGs were postfixed overnight at 4 °C in 4% (wt/vol) PFA. Tissue was cryoprotected with 30% wt/vol sucrose and sectioned sagittally on a cryostat at 40 μm thick (Leica). See SI Appendix for immunohistochemistry and antibody information.

Image Acquisition and Analysis. Images were acquired on an inverted Zeiss LSM510 confocal microscope with LSM acquisition software (Carl Zeiss Microscopy). An Axiovert 40 CFL with an AxioCam MRM and AxioVision software (Carl Zeiss Microscopy) was used to assess 3′,3′-diaminobenzidine (DAB) chromogenic staining of CTB in measurements of labeled axon profiles. Image density quantification was done on thresholded fluorescent images using ImageJ (National Institutes of Health). Statistical tests were performed using JMP 9 software (SAS Institute). An investigator blinded to the experimental group performed all analyses.

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